

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 - Morning Exercise 1 10:00 - Water Break 10:15 - Canada Trivia 1:00 - Eldergrow Garden Class 2:00 - Canadian Flag Art 3:00 - Bingo Bingo Bingo 5:30 - Brain Games Canada Day	9:30 - Chair Exercise 2 10:00 - Hydration Station 10:15 - Family Feud Questions 1:30 - Daily Chronicles 2:00 - Firefighters History 3:00 - Happy Hour in TS 5:30 - Brain Games National Wildland Firefighter Day	9:30 - Morning Workout 3 10:00 - Water Time 10:15 - Trivial Pursuit 1:30 - Conversation Cards 2:00 - July Birthday Party with a Treat 3:00 - Whiteboard Games 5:30 - Brain Games National Chocolate Wafer Day	9:30 - Patriotic Sing Along 4 Time 10:15 - Music? 1:30 - USA Word Games 2:00 - American Flag Craft 3:00 - Watermelon Eating Contest in Town Square 8:30 - Fireworks Show Independence Day (U.S.)	9:30 - Hawaii State Trivia 5 10:15 - Let's Take A Virtual Tour of Hawaii 1:30 - Afternoon Stretch with Ryan 2:00 - Story Telling with Ryan 3:00 - Music and Coloring 5:30 - Brain Games National Hawaii Day
9:30 - Chair Exercise 6 10:00 - Water Break 10:15 - Morning Trivia Time 1:00 - Group Puzzle Hour 2:00 - Yahtzee Dice Game with Dawson 3:00 - Aqua Art Painting 5:30 - Brain Games National Fried Chicken Day	9:30 - Morning Chronicle 7 10:00 - Rock 'N' Roll Music Sing Along 1:00 - Afternoon Stretch with Dawson 2:00 - Cornhole Toss 3:00 - Rock Trivia Time 5:30 - Brain Games National Day of Rock 'N' Roll	9:30 - Chair Yoga 8 10:00 - Water Water Water 10:15 - Raspberry Snack and Music 1:00 - Group Puzzle 2:00 - Story Telling Time 3:00 - Big Dart Throwing 5:30 - Brain Games National Raspberry Day	9:30 - Sit and Stretch 9 10:00 - Water Break 10:15 - Family Feud Game 1:30 - Daily Chronicle Reading 2:00 - What's the Best Cookie? 3:00 - Happy Hour in TS National Sugar Cookie Day	9:30 - Morning Exercise 10 10:00 - H2O Station 10:15 - Fun Cat Trivia 1:30 - What is Your Favorite Drink on the Beach? 2:00 - Pina Colada Mocktails 3:00 - Fun Craft Hour 5:30 - Brain Games National Pina Colada/Kitten Day	9:30 - Sit and Fit 11 10:00 - Time for A Drink H2O 10:15 - Fast Food Trivia 1:30 - Daily Chronicle Reading 2:00 - Scattegories Game 3:00 - French Fry Snack 5:30 - Brain Games National French Fry Day	9:30 - Chair Yoga with Ryan 12 10:15 - Relaxing Piano Music with Stephen Swartz 1:30 - Word Puzzle Time 2:00 - Jello Snack and Social 3:00 - Popcorn and A Funny Movie 5:30 - Brain Games National Eat Your Jello Day
9:30 - Sit and Stretch 13 10:00 - Hydration Station 10:15 - Delaware Trivia 1:00 - Afternoon Story Time 2:00 - Let's Sing to Some 50's Music 3:00 - Beach Ball Toss 5:30 - Brain Games National Delaware Day	9:30 - Chair Yoga 14 10:00 - Water Time 10:15 - Left Right Center 1:00 - Daily Chronicle Reading 2:00 - Canvas Art Painting 3:00 - Bingo Bingo Bingo 5:30 - Brain Games National Mac and Cheese Day	9:30 - Morning Workout 15 10:00 - Let's Drink Water 10:15 - Horses Trivia 1:00 - Puzzle Building Hour 2:00 - Funny Joke Telling with Dawson 3:00 - Horse Racing Game 5:30 - Brain Games National I Love Horses Day	9:30 - Sit and Fit 16 10:00 - Hydration Station 10:15 - Left Right Center 1:30 - UNO Card Game 2:00 - Let's Watch the Hot Dog Eating Contest 3:00 - Happy Hour in TS 5:30 - Brain Games National Hot Dog Day	9:30 - Chair Exercise 17 10:00 - Water Break 10:15 - Are You Smarter Then A 5th Grader Game? 1:30 - Conversation Cards 2:00 - Craft Hour 3:00 - Sing Along Time 5:30 - Brain Games National Lottery Day	9:30 - Morning Sing Along 18 10:00 - Time for a Fruit Salad Snack 1:30 - Daily Chronicle Reading 2:00 - Mad Libs Stories 3:00 - Left Right Center 5:30 - Brain Games National Tropical Fruit Day	9:30 - Daily Chronicle 19 Reading 10:15 - Funny Cat and Dog Videos 1:30 - Afternoon Stretch Time 2:00 - Fun Word Game 3:00 - Music and Coloring 5:30 - Brain Games National Words with Friends Day
9:30 - Daily Chronicle 20 Reading 10:00 - Hydrate Up! 10:15 - Balloon Toss Game 1:00 - Obie Matching Game 2:00 - Ice Cream Sandwiches! 3:00 - Dessert Trivia 5:30 - Brain Games National Ice Cream Day	9:30 - Morning Exercise 21 10:00 - Take a Water Break 10:15 - True or False Questions!! 1:00 - Crossword Puzzles 2:00 - Paper Airplane Making 3:00 - Junk Food Trivia 5:30 - Brain Games National Junk Food Day	9:30 - Chair Exercise 22 10:00 - Water Break 10:15 - Mango Snack Time 1:00 - Eldergrow Garden Class 2:00 - Indoor Dart Throwing 3:00 - Cornhole Toss 5:30 - Brain Games National Mango Day	9:30 - Chair Yoga 23 10:00 - Water Water Water 10:15 - Lemonade Drinks and Chronicle Reading 1:30 - One on One Visits 2:00 - Funny Animal Videos 3:00 - Happy Hour in TS 5:30 - Brain Games National Lemon Day	9:30 - Sit and Stretch 24 10:00 - H2O Break 10:15 - The Story of Amelia Earhart 1:30 - Jenga Jenga Jenga 2:00 - Whiteboard Games 3:00 - Mocktails Social 5:30 - Brain Games National Amelia Earhart Day	9:30 - Sit and Fit 25 10:00 - Hydration Station 10:15 - Christmas Music Sing Along 1:30 - Daily Paper Reading 2:00 - What is X-Mas in July? 3:00 - Ring Toss Game 5:30 - Brain Games Christmas in July	9:30 - Country Music and Line Dancing Demonstration 26 10:15 - Let's Watch John Wayne 1:30 - Chronicle Reading 2:00 - History of Cowboys 3:00 - Western Movie Time 5:30 - Brain Games National Day of the Cowboy
9:30 - Morning Stretch 27 10:00 - Water Break 10:15 - Jeopardy Game 1:00 - Let's Listen to Some Relaxing Music 2:00 - Aqua Art Painting 3:00 - New Jersey Trivia 5:30 - Brain Games National New Jersey Day	9:30 - Sit and Stretch 28 10:00 - Hydration Station 10:15 - Chocolate Trivia 1:00 - Funny Joke Telling with Dawson 2:00 - Chocolate Bar Tasting 3:00 - Art Project Time 5:30 - Brain Games National Milk Chocolate Day	9:30 - Morning Yoga 29 10:00 - Water Time 10:15 - Balloon Toss 1:00 - Group Puzzle Time 2:00 - Story Time and a Treat with Dawson 3:00 - BINGO TIME 5:30 - Brain Games National Chicken Wing Day	9:30 - Coffee and Chronicle 30 Reading 10:00 - What are the Largest Mountains in the World 1:30 - Word Puzzles 2:00 - True or False Question 3:00 - Happy Hour in TS 5:30 - Brain Games National Climb a Mountain Day	9:30 - Chair Exercise 31 10:00 - Water Break Time 10:15 - Musical Trivia 1:00 - Daily Chronicle Reading 2:00 - Guacamole Snack 3:00 - Name That Tune 5:30 - Brain Games National Avocado Day		

Activities may be subject to change based on the needs of the residents and staff.