

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2025

9:30 - Arizona Trivia 1  
 10:00 - Nature Documentary  
 1:00 - Who Here was Raised or Lived on a Farm?  
 2:00 - Whiteboard Games  
 3:00 - Obie Game Hour  
 5:30 - Brain Games

National Pig Day

9:30 - Chair Exercise 2  
 10:00 - Water Water  
 10:15 - Manicures Time  
 1:00 - Word Puzzles  
 2:00 - Noodle Hockey  
 3:00 - Let's Make A Craft  
 5:30 - Brain Games

National Banana Cream Pie Day

9:30 - Nature Morning Sounds 3  
 10:00 - Left Right Center  
 1:00 - National Anthems from Different Countries  
 2:00 - United States Trivia  
 3:00 - Bingo Time  
 5:30 - Brain Games

National Anthem Day

9:30 - Sit and Fit 4  
 10:00 - Water Break  
 10:15 - Mardi Gras Masks  
 1:00 - **Eldergrow Class**  
 2:00 - **Mardi Gras Party**  
 3:00 - **Live Jazz Music**  
 5:30 - Brain Games

Mardi Gras

9:30 - Morning Exercise 5  
 10:00 - Water Time  
 10:15 - Left Right Center  
 1:00 - Crossword Puzzles  
 2:00 - One on One Visits  
 3:00 - **Happy Hour in TS**  
 5:30 - Brain Games

Ash Wednesday

9:30 - Chair Yoga 6  
 10:00 - Hydration Station  
 10:15 - Music Sing A Long  
 2:00 - **Fun Oreo Tasting , What's Your Favorite Flavor?**  
 3:00 - Leprechaun Hat Craft  
 5:30 - Brain Games

National Oreo Day

9:30 - Morning Chronicle 7  
 10:00 - Cereal Necklace Making  
 1:00 - What Was Your Favorite Kind of Cereal Growing Up?  
 2:00 - **March Birthday Bash**  
 3:00 - **Piano Music with David**  
 5:30 - Brain Games

National Cereal Day

9:30 - Interesting Questions 8  
 10:00 - Reminiscing Hour  
 1:00 - Has Anyone Here Ever Been to Oregon?  
 2:00 - Oregon Trivia  
 3:00 - Movie With Popcorn  
 5:30 - Brain Games

National Oregon Day

9:30 - **Morning Coffee and Music** 9  
 10:00 - St. Patrick's Day Suncatcher Making  
 2:00 - Uno Card Game  
 3:00 - BINGO Time  
 5:30 - Brain Games

Daylight Saving Time Begins

9:30 - Morning Exercise 10  
 10:00 - Hydration Station  
 10:15 - Let's Play Jeopardy  
 1:00 - Jenga Game Time  
 2:00 - Let's Make a Fun Craft  
 3:00 - Music Request Hour  
 5:30 - Brain Games

National Blueberry Popover Day

9:30 - Morning Sounds 11  
 10:00 - Let's Read the Johnny Appleseed Story  
 1:30 - Afternoon Stretch  
 2:00 - War Card Game  
 3:00 - Leprechaun Mask Makin  
 5:30 - Brain Games

National Johnny Appleseed Day

9:30 - Daily Chronicle Reading 12  
 10:00 - **Let's Have Some Girl Scout Cookies**  
 1:00 - Word Scrambles  
 2:00 - Joke Telling Hour  
 3:00 - **Happy Hour in TS**  
 5:30 - Brain Games

National Girl Scout Day

9:30 - Sit and Fit 13  
 10:00 - Water Time  
 10:15 - Scrapbooking Time  
 1:00 - Easy Sounds  
 2:00 - Indoor Darts  
 3:00 - Gold Rush Dice Game  
 5:30 - Brain Games

Purim Begins

9:30 - Chair Exercise 14  
 10:00 - Water Break  
 10:15 - Snack Food Trivia  
 1:00 - Puzzle Hour  
 2:00 - St. Patrick's Painting  
 3:00 - **Fun Mocktail Social**  
 5:30 - Brain Games

National Potato Chip Day

9:30 - Daily Chronicle Reading 15  
 10:15 - **Piano Music with Steven**  
 1:00 - Relaxing Music  
 2:00 - Music & Coloring w/ Ryan  
 3:00 - Matching Obie Game  
 5:30 - Brain Games

National Shoe the World Day

9:30 - Morning Stretch 16  
 10:00 - **Fruit Platter & Water**  
 10:15 - St. Patrick's Day Wreath Making  
 2:00 - Manicures Time  
 3:00 - Asian Animal Trivia  
 5:30 - Brain Games

National Panda Day

9:30 - Chronicle Time 17  
 10:00 - St. Patrick's Day Trivia  
 1:00 - Find Your Green and Put It On!!!  
 2:00 - **St Patty's Day Party**  
 3:00 - **Live Holiday Music in TS**  
 5:30 - Brain Games

St. Patrick's Day

9:30 - Sit and Stretch 18  
 10:00 - Water Break  
 10:15 - Balloon Toss Game  
 1:00 - Puzzle Time  
 2:00 - Jenga Jenga  
 3:00 - Craft Hour  
 5:30 - Brain Games

Global Recycling Day

9:30 - Chair Exercise 19  
 10:00 - Hydrate Up Everyone!  
 10:15 - Let's Play Jeopardy!  
 1:00 - Card Game Time  
 2:00 - **Chocolate/Caramel Snack**  
 3:00 - **Happy Hour in TS**  
 5:30 - Brain Games

National Chocolate Caramel Day

9:30 - Morning Music 20  
 10:00 - Whiteboard Games  
 1:00 - What is Your Favorite Thing To Do in the Spring?  
 2:30 - **Mystery Bus Trip**  
 3:00 - Funny Movie Hour  
 5:30 - Brain Games

Spring Begins

9:30 - Sit and Fit 21  
 10:00 - Hydration Station  
 10:15 - **Piano Music with David**  
 1:00 - Word Search Time  
 2:00 - Which Came First Game  
 3:00 - **Strawberry Snack**  
 5:30 - Brain Games

National California Strawberry Day

9:30 - West Virginia Day 22  
 10:15 - Heart Land  
 1:00 - National Day Discussion Hot Topic of the Day  
 2:00 - Story Time w/ Ryan  
 3:00 - Music Time / Sing Along  
 5:30 - Brain Games

National West Virginia Day

9:30 - **Coffee and Chronicles** 23  
 10:00 - Funny Animal Videos  
 1:00 - What Was The Name of Your Favorite Pet?  
 2:00 - Lets Make a Craft  
 3:00 - Obie Matching Game  
 5:30 - Brain Games

National Puppy Day

9:30 - Sit and Fit 24  
 10:00 - Water Break  
 10:15 - Happy Hour Trivia  
 1:00 - Daily Chronicle  
 2:00 - Piggy Bankers  
 3:00 - Fun Riddles  
 5:30 - Brain Games

National Cocktail Day

9:30 - Morning Stretch 25  
 10:00 - Hydration Station  
 10:15 - Wii Bowling  
 1:00 - **Eldergrow Class**  
 2:00 - Mad Libs Stories  
 3:00 - Name That Tune  
 5:30 - Brain Games

International Waffle Day

9:30 - Easy Morning Sounds 26  
 10:00 - Horse Racing Game  
 1:00 - True or False?  
 2:00 - Afternoon Stretch  
 2:30 - Water Break  
 3:00 - **Happy Hour in TS**  
 5:30 - Brain Games

National Little Red Wagon Day

9:30 - Chronicle Reading 27  
 10:00 - Lets Do Some Fun Coloring Sheets  
 1:00 - Crossword Puzzles  
 2:00 - Music Request Hour  
 3:00 - Fun Trivia Hour  
 5:30 - Brain Games

National Scribble Day

9:30 - Sit and Stretch 28  
 10:00 - Water Break  
 10:15 - Left Right Center  
 1:00 - Walk in the Courtyard  
 2:00 - Indoor Darts Game  
 3:00 - Cornhole Toss  
 5:30 - Brain Games

National Something on a Stick Day

9:30 - Morning Discussion 29  
 10:15 - Vietnam Documentary  
 1:00 - Who Here Served or was Involved with the Vietnam War?  
 2:00 - Vietnam Trivia Time  
 3:00 - Obie Game Hour  
 5:30 - Brain Games

National Vietnam War Veterans Day

9:30 - **Music and Coffee** 30  
 10:00 - Hot Potato Game  
 1:00 - What Are All the Different Doctors You Can Name?  
 2:00 - Manicures for All  
 3:00 - Noodle Hockey  
 5:30 - Brain Games

National Doctors Day

9:30 - Chair Exercise 31  
 10:00 - Water Break  
 10:15 - YAHTZEE  
 1:00 - Short Story Reading  
 2:00 - Sing Along Time  
 3:00 - Riddle Me This  
 5:30 - Brain Games

National Prom Day

**March Birthdays in the Penthouse**

**DOMENICA BERNARDI - MARCH 30TH**

**Red** - Live Music Performance    **Green** - Food Event    **Purple** - Garden Class    **Blue** - Bus Trip .

*Activities may be subject to change based on the needs of the residents and staff on a daily basis!*